

Discover

5 proven methods every
great parent lives by!



Helpful tips for parents from Coach Mike

You try to do everything right.

You've been doing everything you can think of to effectively parent your children, since the moment they were born.

Yet, things aren't working out quite the way you hoped they would. I'm here to help.

Your children are probably really great kids but you find yourself wondering why they act out the way they do, why they can't seem to take their eyes off of their cell phone screens, or, why they just don't seem motivated or excited about anything.

After working with, observing and speaking to thousands of parents over the past 20+ years, Coach Mike Basevic has put together the list of the 5 proven methods that every great parent lives by!

These are the staples...the 'must do's'...the 'absolutes' when it comes to successful parenting. While many phenomenal parents might have some additional, awesome strategies in their parenting playbook, **our studies show that the successful parents are those who consistently used these five methods when raising their children.**

Let's get started!

1

Successful Parents Say YES to Their Children's Hopes, Dreams and Aspirations!

Children hear the word no too many times.

In fact, it's estimated that children hear the word no something like 50,000+ times before the age of four! While parents are trying to keep their children safe and protected, that's some real pessimistic subconscious programming going on there.

Successful parents understand that it is of monumental importance to constantly stoke the fires inside of their children and encourage them to dream big in their lives. Successful parents say YES to their children's dreams, they say YES to their children's hopes and they encourage their children to follow their hearts and passions to what feels good in their life!

Whether it's wanting the latest technology, a new sport they want to try, their dream college or a new friend they made at school, **successful parents understand the importance of matching their child's energy level so they continue to cultivate a child who is creative, passionate and inquisitive about life.** The worst thing a parent can do is douse the flames of a child's excitement with some negative responses when they're speaking and feeling passionate about something.

Successful parents encourage that excitement and also encourage the child to explore their passions, set goals and take steps to make their dream come true! Successful parents don't tell their children to be practical, to be realistic or to settle for an ordinary life.

Successful parents foster an environment that teaches children to dream big and to go after their dreams. They also teach their children that it's OK to fail in life, that failure is part of success and that most of life's most successful people have failed many times over. They teach them that life is about learning and moving forward with new knowledge and lessons learned while staying completely committed to the goal.

Talk to your child today:
What do they dream of accomplishing?

2

Successful Parents Celebrate Their Children's Gifts and Uniqueness

Successful parents ALWAYS look to identify their children's wonderful qualities, characteristics and gifts that make each child unique. Plus, they teach their children to do the same. They teach their children to celebrate their uniqueness and to constantly stay focused on their wonderful traits and characteristics.

Too many times, humans are quick to identify what we don't like about ourselves or we spend time replaying the mistakes we have made. Mentally spending time in that place every day is really destructive and will develop into insecurities, low self-esteem or something worse.

Successful parents understand that the true power to develop a confident and self-assured child lies in their ability for children to really like themselves and to appreciate all of their great qualities. They sit down with their children at early ages to identify and point out all the things that make them unique and gifted. Then, they consistently encourage their children to always stay focused on that list of wonderful traits. They also teach their children to cultivate their strengths to foster a personal environment of growth and accomplishment.

Successful parents also teach their children to set goals to improve. These parents tell children to not mentally regurgitate or speak repeatedly about the things they don't like about themselves or their perceived weaknesses. They instead identify the weakness and stay focused on a vision of improvement. The same goes for parents...successful parents never brand their children with destructive negative labels like "my son is moody" or "my daughter is really shy" nor do they focus on the things that irritate them about their children. They consistently look for and focus on the wonderfully fantastic things that make their children wonderfully fantastic!

With this formula, successful parents are raising optimistic, confident children who appreciate themselves while always looking to grow and become the best version of themselves.

Talk to your child today:
What makes them unique?

3

Successful Parents Encourage Their Children to Be Themselves Without Trying to Change Them

Successful parents don't try to make clones of themselves when raising their children. They understand each child is a unique individual and they foster an environment of support and growth while allowing their children to become comfortable in their own skin as human beings.

Successful parents ask their children what they want in life and they spend time helping their children develop a blueprint of their desired life. They ask their children about the things that make them happy and excited in life and encourage their children to tailor their life's blueprint around those things.

Successful parents are always guiding and teaching their children but, they are also great listeners. They want to hear their children's thoughts about what is important to them and where they see their life going. Successful parents don't try to recreate their life in their children. Instead, they offer insight and guidance to their children while helping them find THEIR true definition of happiness.

Successful parents also expose their children to as many new and exciting things as possible and encourage their children to gravitate towards those things they love. Whether it's arts, science, nature or a variety of sports, successful parents encourage their children to explore and cultivate these interests. Then, they teach their children how to make their passions their life's work – resulting in their children living their dream each day.

Successful parents never try to change their children nor do they force them into being a specific individual. Instead, they teach their children how to be the best version of themselves, always looking to follow their hearts with creating a life doing things they love while finding the good in people and in the world. They teach their children that every experience is bringing them to where they want to go so they teach them the importance of embracing all of life's events and to keep moving in the direction of their own, unique blueprint.

Talk to your child today:

How can you encourage them to be themselves?

4

Successful Parents Practice Consistent Discipline and Accountability

While successful parents allow their children to grow into their own person, they are also big on discipline and accountability.

Successful parents understand that their children need to have discipline in their lives for growth, goal setting, achieving success and for just being a good person.

They never let their children run rough-shot over other people, over their experiences or especially themselves as parents. Instead they teach their children the importance of respect for self and others as well as respect for the discipline it takes to do the right thing.

Successful parents teach their children that ‘it’s not what you do, it’s how you do it’.

In this way, children learn to understand the importance to committing to being the best they can be in every area of their life. They learn the discipline it takes to show up, work hard, commit to improvement and accept criticism when needed. They also learn the discipline to be a good person and the importance of making the people in their lives feel acknowledged and appreciated. They understand if they screw up, they may face penalties and have to accept the discipline that comes with it and keep moving forward.

Successful parents teach their children how to be accountable for all of their decisions and actions in life. Successful parents teach their children to take ownership of their decisions. They tell their children to NEVER blame anyone or anything for their actions and results. They teach their children to hold themselves accountable in making sure they did everything they could do to get the result they wanted or to just be the person they are choosing to be.

Successful parents also teach their children to focus on the things they can control. This includes work ethic, good attitude, optimism, enthusiasm, kindness, commitment, being humble, and willingness to adapt to every situation when needed. When focused there, children understand everything else in life, including the results they desire, will take care of themselves. Successful parents also teach their children to welcome insight, knowledge and constructive criticism from others in order to continue to grow as a person.

Talk to your child today:

Am I consistent with these rules in our house?

5

Successful Parents Tell Their Children They Love Them Everyday

Successful parents love their children unconditionally. They make sure their children KNOW they are loved and supported, no matter what. Successful parents foster an environment of growth, learning, accountability and constantly striving to be the best. They always let their children know that they believe in them.

Successful parents never let their egos get in the way while raising their children. They never fly off the handle at their children's sporting events even if they fear their child might fail or if the coach is not treating them fairly. They never embarrass or shame their child in public. They simply trust that their child has been taught to focus on the things they can control and to give the maximum effort at all times.

Successful parents never explode over a bad grade in school. Instead, they focus on all of the great grades on the report card while formulating a plan with their child to improve the poor grades. They allow their children to have their own experiences. They teach their children that competing comes with successes and failures. They let their children know that they will love them in all circumstances.

Successful parents don't constantly boast about their children's accomplishments. Instead, they boast about other children's accomplishments and teach their children to do the same. They teach their children the importance of being humble during success and to continually do everything they can to become better in everything they do. They teach their children the importance of love and appreciation across every area of their lives...love of self, love of others, love of opportunities, love of health, love of success and love of all experiences.

Successful parents constantly guide and inspire their children to be their absolute best. They also let their children know that they are proud of them and their effort, and of the person they are striving to become.

Successful parents begin and end each day with love. They encourage their children to have a great day and they take a true interest in hearing about that day. And, no matter what happens throughout each day, the last thing a successful parent tells their children at the end of the day is that they love them.

Talk to your child today:

Say "I love you" and that you're proud of them.